Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period: \_\_\_\_\_\_\_

**The Menstrual Cycle**

***Typically,*** \_\_\_\_\_\_\_\_\_\_\_\_\_day cycle.

Day 1-\_\_\_\_\_\_\_\_\_\_\_\_\_ bleeding begins by shedding the lining of the\_\_\_\_\_\_\_\_\_\_\_\_\_.

Fertile-1 day between days 9 and 15. Unfertilized egg Is released, and lives \_\_\_\_\_\_\_\_\_\_\_\_\_ hours BUT sperm can live as long as \_\_\_\_\_\_\_\_\_\_\_\_\_days in the female reproductive tract. If sperm are present, the \_\_\_\_\_\_\_\_\_\_\_\_\_ travels from ovary through fallopian tube where fertilization can occur.

If egg is fertilized production of \_\_\_\_\_\_\_\_\_\_\_\_\_ continues and the uterine lining become \_\_\_\_\_\_\_\_\_\_\_\_\_. Fertilized egg may become \_\_\_\_\_\_\_\_\_\_\_\_\_ in the uterine. The uterus does NOT \_\_\_\_\_\_\_\_\_\_\_\_\_, and pregnant woman’s menstrual period does not begin.

If the egg is not fertilized \_\_\_\_\_\_\_\_\_\_\_\_\_levels fall, the uterine lining sheds, and menstrual bleeding begins again.

**Reducing the Risk Power Point Worksheet**

1) Abstinence is an \_\_\_\_\_\_\_\_\_\_ opportunity behavior. It is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_choice reflecting personal values.

2) List 3 emotional costs of choosing to have sex



3) What percent of 9th through 12th graders are NOT having sex? \_\_\_\_\_\_\_\_\_\_\_\_\_\_

4) Studies report that students, who are sexually active, may also be more connected to other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (alcohol and drug use), have trouble paying attention, concentrating and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

5) \_\_\_\_\_\_% of relationships will fail if they don’t follow the relationship steps and \_\_\_\_\_\_% of relationships will succeed if they do.

6) What are the 4 parts of the sexuality circle?



7) What does the CPR stand for in a relationship?

C:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_P: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_R: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

8) How many teens whom are sexually active wish they had waited? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

9) Nearly all teen pregnancies are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

10) The US has the highest \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_rate of all industrialized nations.

11) Abstinence is the only \_\_\_\_\_\_\_% effective method of preventing HIV, STI’s, and unplanned pregnancies.

12) What does HPV stand for? \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

13) What is a Pap Smear? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Who should get one? \_\_\_\_\_\_\_\_\_\_\_

15) What are 3 things teen pregnancy is associated with that start with E?

less \_\_\_\_\_\_\_\_\_\_\_\_\_, less \_\_\_\_\_\_\_\_\_\_\_\_\_, less \_\_\_\_\_\_\_\_\_\_\_\_\_

16) List three things teen mothers risk during pregnancy or while giving birth?



17) List 3 things an infant born to a teen mother is at greater risk for:



18) List the 5 Refusal Skills



19) If you are a female dating right now, there is a \_\_\_\_\_\_\_\_\_\_ chance you’ll suffer some form of abuse by a dating partner.

21) \_\_\_\_\_\_\_\_ % of boys who abuse their girlfriend are from homes where abuse occurred.

22) 75% of women who have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ don’t know they have it and it is destroying their bodies.

23) Every \_\_\_\_\_\_\_\_\_\_\_ seconds, a teen will get an STI.

24) Abstinence is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that you have the right to practice!

**Sexually Transmitted Infections REVIEW**

1. Most common STI in the US? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. 2 curable STI’s
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. HIV stands for H. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ I. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ V. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Once t-cells fall below \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ H.I.V. becomes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
5. A.I.D.S stands for A.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ID.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ S.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. Which disease can cause death from lack of immune defense? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. List 4 body fluids that spread H.I.V.
8. List the only 100% effective way to prevent the spread of these disease? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. List 3 ways to reduce the risk of pregnancy and spread of S.T.I.’s
10. About how much does a baby cost in the first year?

**Reproductive Anatomy Review**

1. Three parts of the male reproductive anatomy that assist in making semen
2. In females, where are eggs stored? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. In males, what does sperm travel through? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. In female, what is the strong hollow muscle, also called the womb that thickens when eggs become fertilized? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. What test should females get after 21 years of age to detect cancer cells of the cervix? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. Explain why abstinence is the best choice for teens. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.